



# STEPPING STONES

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## Sun Cream 2017/2018

At Stepping Stones we aim to promote children's good health and encourage their awareness of healthy practice. We want to ensure that the application of sun cream meets the requirements and preferences of all the children and parents/carers. Many activities carried out during the preschool day mean that children are outside and therefore exposed to the sun.

Sun cream should always be applied **before** the children start the day at Pre-School. You may wish to use the 'once a day' creams - but please be aware they can still be rubbed off during play.

We recommend a minimum of 30+ SPF for children, and we will encourage children to re-apply sun cream themselves during the day with adult supervision, and where necessary Pre-School staff will apply sun cream to the children.

It is important that sun cream is provided specifically for your child, as we will not be able to use anyone else's cream, and your child will have to remain indoors.

We will provide a suitable container for the sun cream to be stored at Pre-School

We also ask parents/carers to remember to provide your children with the following items:

1. A sun hat covering as much of the face and neck as possible.
2. Suitable footwear to enable children to move freely but safely when outside. Soles need to grip and be secure on the child's foot. No flip flops or similar sandals.
3. Clothing should be suitable for outdoor play, remembering hard surfaces.
4. During the day children may require more sun cream to be applied, therefore parents/carers must provide a bottle of sun cream (to be kept at Pre-School) marked with your child's name.

Please do not hesitate to speak to Hayley Rudnicki if you have any queries.

This project has been supported by the following partners:



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